



INSTITUTE of ENDOCRINOLOGY
Diabetes, Health & Hormones

2019 EDUCATION SERIES

Class 1:
Weight Loss and Maintenance
How to drop weight and keep it off

PRESENTERS:

Jessica Watson MS, RD, CSSD, LD/N
Registered Dietitian/Nutritionist

Farid Morsi, CPT
Wellness Clinic Director, Personal Trainer

DATE: February 28, 2019

TIME: 4:00-5:00 PM

Location:

Institute of Endocrinology, Diabetes, Health and Hormones
633 E. Baldwin Rd., Panama City, FL 32405

COST: \$5.00

Not a patient? Not a problem!
It isn't necessary to be one of our patients to join us!